

TIP OF THE MONTH APRIL 2010

HOW TO PREVENT BED WOBBLING FOR UPHOLSTERED HEADBOARDS

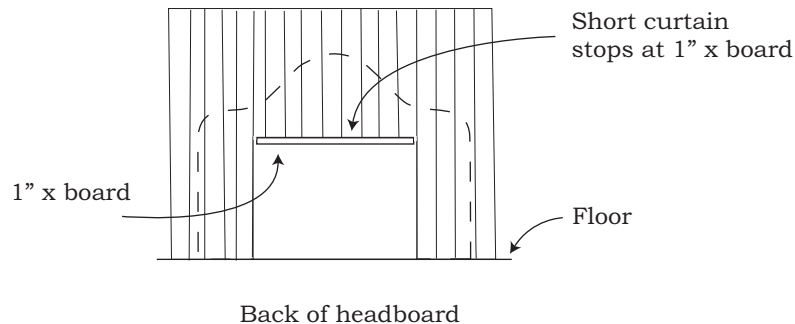
A good choice would be a “hollow back frame” without legs and mounted flush against the wall using a French cleat. The headboard won't budge, it is not connected to the bed.

Other headboards that are not wall mounted should be well braced and well made. One reason you may get wobbling is when the headboard legs are connected to the bed frame.

The quarter round at the baseboard holds the legs away from the wall about $3/4$ ". This creates a space between the top of the headboard and the wall. Room for movement. You may want to add a strip of wood (near the top of the headboard) to fill the gap.

When you have a curtain behind the bed, the bed has to pull out several inches from the wall to give the curtain room to hang. Consider that you can add a 1" x 4" or 1" x 6" board (whatever size needed to reach the wall) across the back of the headboard (or the board could be installed to the wall). This board would install with “L” brackets. It shouldn't go the entire width of the headboard. The purpose is to keep the headboard steady (no wobbling).

The middle of the curtain should be made shorter, just to reach the 1" x board. The curtain at each side should be made the usual length.



Taken (in part) from
M'Fay Workroom Manual